

## CPD unplanned learning form – hospital pharmacy

1. Describe an unplanned event or activity that enabled you to learn something new or refresh your knowledge or skills.

I attended a recent in-house hospital clinical meeting on paediatric nutrition.

I learnt about different milk products and allergies and when you would use regular formula, hydrolysed proteins and amino acids. I also learnt about products included in our hospital paediatric formulary and when they should be used.

2. Give an example of how this learning benefited the people using your services.

We sometimes receive enquiries from nursing staff and parents about paediatric nutrition. My confidence and understanding of the issues faced by parents of babies with intolerances and allergies has improved. When I receive a prescription I can now safely validate it and supply the appropriate product for the patient.

Last week, for example, I received a prescription for a particular milk product for a 9 month baby. I checked the paediatric formulary and confirmed that the product was appropriate for the child and the dosage correct.

I am interested in finding out more about paediatric medicines and plan to attend other clinical meetings related to paediatrics.

There is a description of the activity you took part in that enabled new learning

There is a description what you have learnt

There is a description how you have applied the learning

There is a description how the learning – once you have applied it – has benefited the people using your services, illustrated with an example