

## Peer discussion form – education and training

### 1. Please give the name, contact details and the role of your peer on this occasion\*:

Name	XXXXX
Role	XXXXX
Organisation	XXXXX
Telephone	XXXXX
Email	XXXXX

\*If you took part in a group peer discussion, please only provide details for one person from the group.

### 2. Describe how this peer discussion changed your practice for the benefit of the people using your services.

I chose a health psychologist / academic to be my peer. I chose this peer because I have worked with her previously and think she would make a good mentor.

My peer discussion helped me to think about how to write up research. As a result of the discussion I have written up a piece of research in a format that would be deemed suitable for publication in a peer reviewed journal. This was a new skill I was developing and therefore involved learning by doing. I used the feedback provided to identify what further learning I needed to undertake to complete the writing of this journal article and to reflect on where I had made good progress.

We developed an action plan and produced a final draft that has been published.

The outcome of my learning and this research article is that I have increased the evidence base for the rationale for a patient centred approach to consultations and how it benefits patients and patient outcomes. Publishing my research has raised awareness of the concept of patient centred consultation skills amongst peers who read the article and I will also be a role model for this concept. There will be an indirect benefit to patients too as the intent is for pharmacy professionals enhance their consultation skills.

There is a description of why you chose your peer(s)

There is a description how the process of peer discussion has benefited your practice

There is a description how the process of peer discussion has benefited the people using your services, illustrated with an example